

Triple BBB

Karwendelhaus Tour

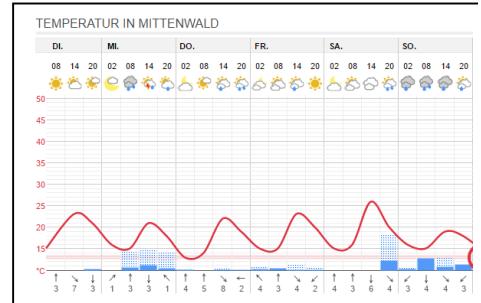
Strecke

Start: Mittenwald, 923m

Zwischenziel: Karwendelhaus, 1765m,

www.karwendelhaus.com, nach ca. 25 km und ca. 900 hm erreicht. Insgesamt ca. 80 km
(Alternative: Talweg über Walchensee, Jachenau oder Isar: 50 km, 200 hm)

Ziel: Lenggries, 679m

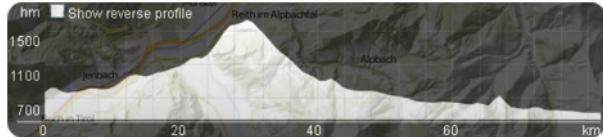


Anreise per Bahn

| Landshut, Hbf | München, Hbf | Mittenwald |
|---------------|-------------------------|------------|
| 07:29 (6) | 08:19 (23)> <08:32 (27) | 10:23 (1) |
| 07:49 (6) | 08:35 (25)> <09:13 (35) | 10:53 (1) |
| 08:27 (6) | 09:17 (26)> <09:32 (28) | 11:23 (1) |

Heimreise per Bahn

| Lenggries | München, Hbf | Landshut |
|-----------|-------------------------|-----------|
| 16:17 (2) | 17:32 (34)> <17:44 (24) | 18:30 (5) |
| 16:47 (1) | 17:53 (33)> <18:24 (25) | 19:09 (5) |
| 17:17 (2) | 18:31 (33)> <18:44 (26) | 19:30 (5) |
| 17:47 (2) | 18:53 (34)> <19:24 (25) | 20:09 (5) |
| 18:47 (1) | 19:53 (34)> <20:24 (25) | 21:09 (5) |
| 19:47 (1) | 20:53 (34)> <21:24 (24) | 22:10 (5) |
| 20:47 (1) | 21:53 (34)> <22:44 (25) | 23:33 (5) |



Checklist

- Reifen aufgepumpt?
- Genug Flüssigkeit dabei?
- Fahrradhelm?
- Regenjacke / was warmes?
- _____
- _____
- _____